**ANZAC POSTER COMPETITION CONGRATULATIONS**

Thank you to Patrick Smythe and Jack Chesterfield (right) for taking the initiative to design and coordinate an ANZAC poster competition. The winners were announced at assembly last Monday. Winners from each grade were: Jessica Gilbertson and Laura Young (absent), Jack Mc Grath and Dominick Johnstone, Rose-Ann Scott and Lachlan Axford, Lane Ward (absent) and Meg Devlin. (pictured above) All of the ANZAC posters are on display in the new building.

**KID SMART FREE HANDBOOK**

Nilma Primary School received 100 ‘Kid Smart handbooks.’ We have had a look through the book and there is lots of valuable information, which may create conversations between you and your children. While the books were for distribution to students in year 5 and 6—we believe parents should have an opportunity to look through the book and talk to their children about topics and issues that are raised. Janine Allsopp (parent) has distributed the book to some parents after school—please feel free to come to the Office and collect one or 2 copies.

**JAPANESE INTERN**

Today, Arisa Kawamura, our Japanese intern, came to visit the school—Our Japanese program will commence next Wednesday, and will continue weekly. Pictured above with Arisa are: Astrid Smith, Kirsty Wooster, Olivia Maunder and Riley Kleeven.

**WELCOME JOLAN**

Mrs McLennan came to visit this week and show off her beautiful baby—Jolan Ruby McLennan Kriesl.

**NAPLAN ASSESSMENTS**

National Assessments will commence on Tuesday 15th May to Thursday 17th May. Students in Year 3 and 5 will complete mathematics, reading, writing and Spelling assessments. Parents will receive the results of these assessments in August/Sept. If you do not wish to have your child complete assessments please notify the school. A more detailed pamphlet will be attached to newsletters for families of year 3 and 5 students.

**PARENT CLUB Forums**

FRIDAY 11th May—
SWAP MEET CATERING
Friday 18th May—
UNIFORM CHANGES
9.00am
MONTHLY STUDENT ABSENCE NOTES
At the end of each month, we have school processes to generate individual unexplained absences. While we understand parents notify staff verbally, which is very much appreciated, we must have a written note to explain absences. This written document then enables staff to update electronic student attendance records. “Without explanation” on the monthly absence note means we do not have a written note or in the case of ‘Late to School’, our school procedures are to sign students in at the school office. Thankyou for your understanding.

PARKING AROUND THE SCHOOL
Just a gentle reminder—for parents to utilise the school carpark before parking outside the school grounds on Bloomfield Road. This becomes dangerous for students to get in and out of cars on the main road. Can we be extra vigilant due to the closure of Queen Street for road works. We may experience more traffic on Bloomfield road.

MUSIC—TERM 2
Could invoices please be paid as soon as possible. Payment can be made in cash, or cheque made payable to Norman Cottrell. There are two more places for a music lesson. If interested, see Annette.

BALLARAT CAMP NEWS
The Mt Worth Cluster Camp will be held on Monday 21st to Wednesday 23rd May. This camp is for Grade 4, 5 & 6 students. Payment for this camp must be paid in full by 14th May. More information attached—Clothing list and behaviour Agreement. While we have not experienced any problems in the past—It is fantastic that both parents and students are very clear on behaviour expectations on Camp. The Behaviour agreement provides an opportunity for parents to discuss expectations with their children. Please return this by next Wednesday 16th May 2012.

WOOLWORTHS STICKERS
Don’t forgot to collect your Woolworths stickers. All cards can be placed in the box near the office. Cards were attached to the newsletter last week, and more are available from the office if needed.

STUDENTS ARRIVING EARLY TO SCHOOL—PROCEDURES
We have been experiencing an influx of early arrivals to school—A staff member is on duty in the playground at 8.45am. In order to keep children safe—if students arrive early—students will be expected to wait inside the new building until around 8.40-45am to be let outside. Students will be able to read or play a game. Thank you for your cooperation and support.

HOT LUNCH DAY
Parents Club will be holding a Hot lunch day on Thursday 17th May. Students can order a hot dog with a flavoured milk (chocolate or strawberry) for $5.00. For catering purposes all orders must be handed to the classroom teacher in a named envelope with payment by Tuesday 15th May. Late orders cannot be accepted.

SWAP MEET: This will be held on Sunday 24th June. If you are able to help out on the day, please fill out a form at the office.

PARENTS CLUB MEETINGS: There will be a meeting tomorrow at 9.00am at the school to discuss the Swap Meet, and a meeting on Friday 18th at 9.00am to discuss the new uniforms. All parents are welcome to attend.
R.E.A.L STUDENTS @ NILMA

Student of the Week

Recognitions

Homegroup 1 / Prep
Matilda Dent
For always taking great pride in her work and having a go at spelling unfamiliar words.

Homegroup 3/2
Kiandra Polglaze
For challenging herself to learn inside and outside of school. For example choosing interesting non-fiction books from Marc Van and share her learning with others.

Homegroup 4/3
Lachlan Crook
for being willing to take responsibility for his learning, working hard and challenging himself.

Homegroup 6/5
Corey Motton
for trying hard at all activities and putting a fantastic effort into his work. Well Done !!

NIGHTLY READING
Recognition certificates

25 nights
Emma Crook   Olivia Maunder

50 nights
Sheree Casey-Wilson
Aiden Olsson   Savanna Maunder
Ryley Gunton   Andrew Burdett
Blake Witney   Tahlia Witney
Holly Farnham   Rose-Ann Scott
Sine salt

75 Nights
Ryan Young

SILENT AUCTION OF GOODS!!!
Next week’s newsletter you will find our silent auction information.
School Council have decided to auction of items such as: Air Conditioner, the set of steps out the front of the school and tables.
Photos and bidding information will be attached to next week’s newsletter
KEEP YOUR EYES OPEN!!!

ACTIVE AFTER SCHOOL
AASC for Term 2 has started and is running well. All Students are enjoying AFL and Martial Arts, learning new skills and having lots of fun! Just a reminder that participants are all encouraged to remember their drink bottles every week and appropriate attire and footwear is recommended. AFL participants are also allowed to bring along their football boots and tops if they have some, tops can be worn over school uniform during the sessions. Students are not permitted to wear singlet tops during the sessions. Parents may also like to send along a change of clothes as AFL is a winter sport!
NEW SCHOOL UNIFORMS

Parents Club, on behalf of School Council, have been making enquiries into new uniform options for the school, which will come into effect in 2013/2014. At this stage only the polo shirt is changing. The jumper and jacket will remain the same. A meeting will be held on Friday 18\textsuperscript{th} at 9am to discuss the uniform changes in more detail and all parents are invited to attend and have an input. A survey is attached below if you are unable to attend. All families are encouraged to respond so we can include everyone in this process. It is anticipated that a final decision will be made by the end of 2\textsuperscript{nd} Term. A Sample Uniform will be available to view at the school from next week.

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Please circle your preferences. Could all responses please be returned to school by Wednesday 15\textsuperscript{th} May.
**HOMEGROUP HAPPENINGS!**

We made paper yachts yesterday. In my yacht I’m going to sail to Inverloch to go fishing. By Riele

We went on Google Earth and looked at Nilma Primary School and our houses. By Zavier

In Maths we had to find the Dinosaur bones on the map. By Emma

On Tuesday in Science we talked about what changes. We had to put stuff in cold water and see what happened to them. By Meg

It is Mother’s Day on Sunday. By Ashley

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I am going to see Mrs Krygger on Saturday at football because my team vs her sons team. By Mitch Chesterfield

It is my baby sister’s birthday in a couple of weeks. By Jamie Garten

In science we are learning about electricity. We looked at the inside of a torch to try and understand how it works. Then Mrs. Formby gave us a battery, a piece of wire and a light globe and asked us to make it all work like a torch. Then we drew a picture of our circuit.

Mrs. Formby gave us some homework. We have to talk about electricity with our families, especially the different types of electricity. By 3/2 W

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Before ANZAC Day we decided to hold a poster competition to celebrate Anzac Day. We asked the students to draw posters to celebrate ANZAC Day and we didn’t allow violence in the pictures. Then we allowed students a week to complete them. We collected the posters and voted for the best two out of each grade and the winners of grade 1/Prep were Lane 1st, Meg 2nd. Out of grade 3/2, Rose-Ann was 1st, Lachlan A. 2nd. For grade 4/3 Jack M. 1st and Dom 2nd. In grade 6/5 Jessica was 1st with Laura 2nd. The prize was a 5 dollar Anzac Day Badge and a poster from the government.

Written by Jack C. and Patrick

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I am going away in 9 days. I am going to the Northern Territory. By Jack

In two weeks we will be going to camp. I am excited. By Cooper

We are going to Ballarat for camp. It is going to be fun. By Mckayla

I can’t wait for camp. By Rachael

I broke my arm. By Justin

I broke my collar bone. By Olivia
Asthma, Coughs and Colds: Information for Parents and Carers

The common cold, caused by an upper respiratory tract infection, is one of the most common illnesses for children and adults in Australia. Colds are more common in winter months as people spend more time indoors, in close contact, and can be more likely to pass on viruses that cause the common cold. Colds can be a trigger for asthma, and asthma management can become more difficult for children and teenagers attending school if they have a cough or a cold. Ensure your child reduces the risk of passing on coughs and colds by avoiding coughing or sneezing on, or near other people and that they wash their hands appropriately after blowing their nose or handling used tissues. Coughing or sneezing onto the inside of their elbow instead of their hands can also prevent the transmission of infections. If your child is unwell, it is recommended that they stay home and rest to reduce the chance of spreading infections and to give them a better chance to recover quickly.

While there is no known cure for the common cold, symptoms such as headache, cough and runny nose can be managed, and children with asthma are advised to see their doctor before using any medication, or herbal and natural remedies, as these may react with their asthma medications. Many cold and flu medications available over the counter are not suitable for children and teenagers, and some medications may also trigger asthma symptoms, it is best to avoid these unless recommended by your doctor.

People with asthma should avoid the following medications if possible:

- Aspirin
- Ibuprofen/Naproxen (non-steroidal anti-inflammatory medications)
- Beta blockers tablets and eye drops (used for high blood pressure and glaucoma)
- ACE inhibitors (used to control blood pressure)
- Saline drops and nasal sprays may help relieve blocked sinuses, and gargling with salty water may help relieve a sore throat.

If cold symptoms become more severe, parents and carers are encouraged to consult their doctor as soon as possible for advice. Nasal sprays should not be shared between people as this may transmit infections and viruses. It is also highly recommended that in the lead-up to winter, people with asthma ask make use of influenza (flu shot) vaccinations.

For more information on the common cold, medications and references used in this article please see the Better Health Channel (State Government of Victoria) - www.betterhealth.vic.gov.au and the NPS website - www.nps.org.au.

For further information, please contact the Asthma Foundation of Victoria on 1800 645 130 or email schools@asthma.org.au

Asthma and School Holidays – Tips for Travel

When travelling it is important to be aware that different locations and environments may harbour triggers for asthma, particularly new triggers that you or your child may not have come into contact with before.

- Even if asthma is mild or has not occurred for some time, travel to a new destination can often bring about asthma symptoms
- People with asthma should always carry reliever medication and a spacer with them when they travel to ensure they can treat asthma symptoms quickly if they occur
- It is important that people with asthma take enough medication to last for the trip, and have repeat prescriptions with them if they expect to run out during the trip
- People with asthma should have a review with their doctor and update their Asthma Action Plan prior to the trip, so that a clear guide is available on what to do if asthma symptoms or an asthma attack occurs while on holiday

Ensure that travel insurance adequately covers medical costs and needs while on holiday. Some policies may not cover for asthma treatment if a recent asthma emergency has occurred. Be sure to read the fine print or ask the insurance provider about their asthma coverage.
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**Term 3 commences**

**July 16th**