MS SUTHERLANDS’ NEWS FROM EUROPE.
Ms Sutherland is continuing on her tour of Europe. After Morocco she visited London for a few days and also went to Stonehenge. Scotland was cold and wet! She is now enjoying the sun in Italy, visiting the Leaning Tower of Pisa, then on to Tuscany and Florence for a week or so. She is enjoying the warm weather and not missing the rain and cold of West Gippsland!

‘WEAR RED FOR ROBBIE’ DAY
Tomorrow, Friday 17th, students are asked to participate in ‘Wear Red for Robbie’ day, to raise funds for local four year old Robbie Scott who has been diagnosed with an inoperable brain tumour. Students can wear free dress but are asked to wear something red and to bring along a gold coin donation. Money raised will be given to Robbie and his family.

SCHOOL COUNCIL MEETING
Just a reminder that the next school council meeting will be held at the school at 6pm on Wednesday 29th May.

EARN AND LEARN
We are still collecting Earn and Learn stickers for our school. Please remember to bring in your completed sticker sheets and place them in the tub. More sheets are available at the office. We already have 1050 stickers!

TERM 2 NEWS
Term 2 is now nearly half way through. Teachers are now starting to prepare for reports. We have designated Wednesday 26th June as a pupil free day for parent–teacher interviews. Winter sport is now well under way and has been blessed with good weather ...to date! Similarly, until today, our gardening program with Mrs McLennan and Mrs Hodge has had great weather which has allowed the students to be active working outside. It was great last week to see some of the students working with their “foreman” Jack Chesterfield to lay bluestone blocks to edge our new garden bed outside the “old building”. The students had set out a string line to keep a level and were busy bedding the bluestones into a crushed rock base. Very professional! Tahlia Witney’s garden cart has also now been painted by the students.

The grade 6 students are now underway leading our Monday assemblies and it has been great to see them willing to take on leadership responsibilities.
**R.E.A.L STUDENTS @ NILMA**

**Student of the Week Recognitions**

**Homegroup 1 / Prep**

**Holly Behncke**
For having a go and her persistence with her counting by 2’s Poster. Well done!!

**Homegroup 3/2**

**Mitch Chesterfield**
This week you have put so much effort into your writing and literacy tasks. I was very impressed with your determination to do your very best at Naplan too, well done!

**Homegroup 4**

**Andrew Burdett**
You have been showing great commitment and enthusiasm and effective time management in completing your L.A.U.G.H tasks—Well done!

**Homegroup 6/5**

**Kylie Griggs**
For putting a fantastic effort into her work. You are always on task and have positive attitude towards your work.

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**R.E.A.L STUDENTS @ NILMA**

**L.A.U.G.H NIGHTLY READING Recognition Certificates**

**50 nights**
- Riley Kleeven
- Harrison Perry
- Sine Salt
- Zaic Farmer

**75 Nights**
- Lachlan Axford
- Max Chesterfield

**100 Nights**
- Astrid Smith

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**Happy Birthday**
Blake Witney  Zavier Allsopp

**ART AWARDS**

Zaic  Joel
Shelby  Mckayla
**Persuasive Writing**

Hey that’s not fair, keeping poor animals in cages. They should be free. They would be happy to explore the wild. If they explore the wild they would know where to hunt for food and hide if there in danger. They’ll also have their family around them and if there in cages they’ll be put with one other animal. If they get sick or injured they have their family to look after them in the wild. So free the animals. If there in cages they’ll get lazy. If you do release them into the wild they won’t be able to hunt properly and they’ll die. So please release them because we don’t want them living in cages. By Alan

**Visualising**

This week in writing the grade 4’s practiced the skill of visualising while listening to the text “Bollygum”.

By Max

By Meg

By Holly

By Sine

**Mother’s Day Mania**

On Mother’s Day we stayed at home and I gave mum heaps of presents and she loved them. I gave her a chocolate dipped spoon and it was fun. Ella and I made her breakfast in bed. By Kiara

On Mother’s Day I gave mum a chocolate spoon and lots of presents. For lunch we went with our cousins to the Pancake Parlour. By Olivia

On Mother’s Day we went to my dads mums house. We gave her flowers. I woke my mum up at dawn. I gave her a chocolate dipped spoon, plant and a muffin. By Mitchell

On Mother’s Day I gave mum a chocolate spoon, she made the hot chocolate. I got the leftover chocolate on the spoon. She ate her muffin, I didn’t get any. By Kiandra

**Grade 1/Prep**

Students would like to ask all families if they have any spare newspapers could they please bring them in for our grade to use.

Thank You Grade 1/Prep

Today I drew a Redback Spider. They live in our gardens. By Aiden

We drew insects. By Emma

Today we drew a flower in Art. By Ashley

**Today I drew a Redback Spider. They live in our gardens. By Aiden**

**On Mother’s Day we stayed at home and I gave mum heaps of presents and she loved them. I gave her a chocolate dipped spoon and it was fun. Ella and I made her breakfast in bed. By Kiara**

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**SCHOOL PROGRAMS**

**SCHOOL BANKING**

Our next school banking date will be:

**Wednesday 22nd May.**

The school banking program runs on a fortnightly basis.

**WORKING WITH CHILDREN CHECKS**

If parents have their working with children checks and would like to volunteer at the school please bring in your card and a copy of it will be placed in the school files for record keeping purposes. If parents would like to obtain a WWCC you can collect a form from your local post office to apply for one.

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**ACTIVE AFTER SCHOOL COMMUNITIES**

Dates are;

Netball: 21/5, 28/5, 4/6, 11/6. and AFL: 16/5, 23/5, 30/5, 6/6, 13/6.

There are still places available in both activities.

Please note that AFL is a **winter sport**, students are encouraged to bring a change of clothes for these sessions as students will get wet & muddy, a towel to travel home on in the car might be a good idea too!

Participants are;

Netball - Olivia Addison, Matilda Dent, Meg Devlin, Jamie Garten, Sine Salt, Tahlia Witney and Bayley Gunton, Jordan Stone.


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**LOST PROPERTY**

A number of students have misplaced jumpers and jackets over the past few weeks. Could all parents please check their child’s clothing to make sure that they have the correct uniform.

If you have any tops that don’t belong to you could you please bring them into the office so they can be returned to their owners. Thank You.
This term students have been introduced to the ‘Punctuation Pyramid’, learning the names and correct use of each symbol. Identifying the different forms of punctuation within texts, and highlighting punctuation within their own writing students then set a goal of which form of punctuation they will focus on next. There is an emphasis on students moving up levels.

Some of our students enjoying the ‘Hip Hop’ program at Winter Sports. The program has been running well with students enjoying a wide variety of activities. Tomorrow is the last session of block one, block two activities will begin on Friday 24th May.
Thank you to all parents for your support of the Mothers Day Gifts. We hope you enjoyed the yummy muffins and had a very special Mothers Day!

**SCHOOL UNIFORMS**

As we have introduced a new school shirt this year, the school has decided to introduce a new school jumper as well. There are 3 different designs of jumper, as pictured below. These jumpers will be worn by some students through the week. Your feedback is greatly appreciated so please have a look at the jumpers and let us know which style you prefer. Please fill out and return the form below to school no later than **Wednesday 22nd May**. The style chosen by parents will be in next week’s newsletter and then will be available for purchase from Hip Pocket Workwear in Warragul. No orders will be done through school.

Parent Club is currently working with Grade 6 leaders on a design that will be embroidered onto the new jumpers so they will be easily identified as Grade 6 leaders whilst wearing them. There will no longer be a different jumper available for grade 6 students.

<table>
<thead>
<tr>
<th>Tri Colour Half Zip Polar Fleece (1)</th>
<th>Red Childs Rugby Top (2)</th>
<th>Red Half Zip Polar Fleece (3)</th>
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<tr>
<td>Approx. $35</td>
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Please indicate which jumper you would prefer to be part of Nilma Primary Schools uniform. **Please return no later than Wednesday 22nd May.**

<table>
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<tr>
<th>Jumper 1</th>
<th>Jumper 2</th>
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School Camps & Excursions: Asthma

If your child has asthma, attending school camps and excursions can introduce them to new asthma triggers especially if they are going into new environments. It is essential that your child can participate fully and safely in all school activities. The following is a list of considerations to make for your child before they go on school camp or an excursion:

- Is your child's asthma currently well controlled (e.g. no symptoms at night, reliever use less than 3 times per week)?
- Has your child had an asthma attack or asthma symptoms recently?
- Does the school have an Asthma Action Plan for your child?
- Has the school asked you to complete a School Camp and Excursion Medical Update Form?
- Does your child have their reliever medication and spacer on hand at all times?
- Are they attending with any other medications to be taken on the camp/excursion? If so, are there sufficient instructions to staff for use/dosage?
- Does your child self-administer their medication? If so, has their technique been checked recently?

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.

Asthma and Complementary Therapies

Complementary or alternative therapies are becoming increasingly popular in Australia, and many people seek out complementary remedies to support their health. As with any health condition, if you or a family member have asthma and are considering using complementary therapies, we strongly advise that you communicate with your doctor about your asthma treatment. They may even be able to suggest safe therapies to try. It is equally important to communicate to any complementary therapists about your asthma so that they can avoid treatments that are known to potentially make ones asthma worse.

Complementary therapies considered safe for asthma are: exercise programs, vitamin D, low-salt diet, some Chinese herbal medicines, some Indian (ayurvedic) herbs, music therapy, tai chi, buteyko (breathing technique).

Complementary therapies considered potentially unsafe for asthma are: inhaled salt (small risk of a fungal respiratory infection), echinacea, bee pollen or royal jelly (propolis), and products containing aspirin.

Remember, response to treatments and medications differs between people. Make sure you or your children continue taking any asthma medications prescribed unless otherwise instructed by your doctor. Stepping asthma medications suddenly can result in worsening asthma symptoms and even an asthma attack. For more information regarding complementary therapies and asthma please refer to The National Asthma Council (NAC) http://www.nationalasthma.org.au/ or contact The Asthma Foundation of Victoria for your free copy of the new NAC Asthma & Complementary Therapies brochure

For more information please contact The Asthma Foundation of Victoria on 1800 278 462 or www.asthma.org.au.
## MAY 2013

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