CONGRATULATIONS

Cross Country Runners...
Six students from Nilma represented the school in the West Gippsland Primary Schools Cross Country at Chairo Christian School on Tuesday, running either 2 or 3 kilometres depending on their age group. Congratulations to all students on challenging themselves to complete the course—Savanna placed 4th in her age group and will now be eligible to compete in the Zone finals at Lardner Park. Good Luck Savanna! Thank you to Belinda Smythe and Julie Young for providing transport and supervision. More details on page 5.

KIMOCHEIS @Nilma Primary School
Kimochis which in Japanese means ‘feelings’ are plush loveable toys, designed to support children to learn about, understand and manage feelings in a fun and comfortable way. Year1 and Prep have been introduced to the characters—during next term the whole school will be utilising toys from the program to develop and foster a whole school approach to management of emotions in a healthy manner. Please find more detailed information on page 6 and 7—with parent information session to be advertised next term.

Ryan Young, Harrison Perry, Savanna Maunder, Justin Axford, Patrick Smythe and Tayla Lochki competed in Cross Country.
SCHOOL ORGANISATION

SCHOOL BANKING

Learn how to help your child save money

Expression of interest form

We are looking into setting up a school banking system so that kids can learn to manage their own accounts and learn about saving. The students would get good interest, no fees and if we do it through the school, then the school gets a donation back from the bank for the school.

Complete slip below and return to the office by Thursday 28th June.

Name of Student:___________________________________________
Name of Student:___________________________________________
Name of Student:___________________________________________
Signed by parent:___________________________________________
Date:_____________________________________________________

WOOLWORTHS DOCKETS

Thankyou to all families who have been bringing in the Woolworths sticker sheets. More sheets are available from the office. The sheets can be placed in the Woolworths box in the foyer near the office.

Stickers to date 3000

COLES DOCKETS

Nilma PS will be collecting Coles docket again this year. The docket can be placed in the Coles box in the foyer near the office.

STUDENT REPORTS

Student Reports will be distributed on Monday with portfolios—for parents to peruse. This report and portfolio will be the basis of discussions—please take time to celebrate your child’s learning and discuss any concerns. If time does not permit please don’t hesitate to arrange a new appointment for further discussions.

PARENT TEACHER DISCUSSIONS

Thankyou to those parents who have returned Parent Teacher Discussion Forms. Discussions are timetabled every 15 minutes, so please be prompt on the day. A copy of the times were sent out last week with the newsletter. If you have not returned your form, Rachel will contact you this week to organise a parent teacher discussion. We would like to see all parents if possible.
**R.E.A.L STUDENTS @ NILMA**

**Student of the Week**

**Recognitions**

**Homegroup 1 / Prep**

**Zaic Farmer**

For working really hard in Maths this week by challenging himself with subtraction.

**Homegroup 3/2**

**Shelby McGrath**

For setting a goal to work harder in class by making better choices about where she works. Well done Shelby.

**Homegroup 4/3**

**James Dungey**

For concentrating on his learning and being prepared to challenge himself and try his hardest.

**Homegroup 6/5**

**Jack Hall**

For putting in a great effort with all of his work this week, showing fantastic results.

---

**STUDENT LEARNING @ NILMA**

**R.E.A.L STUDENTS @ NILMA**

**NIGHTLY READING**

**Recognition certificates**

- **25 Nights**
  - Cooper Allsopp
  - Jamie Garten
  - Reece Motton

- **50 Nights**
  - Ashley Griggs
  - Zaic Farmer

- **75 Nights**
  - Jack Hall
  - Sine Salt
  - Ryan Young

- **100 Nights**
  - Daniel Axford
  - Angus Mulconry

- **215 Nights**
  - Kiara Warenycia

---

**Go NILMA/DARNUM**

**LARDNER&ELLINBANK PS Footy Team**

Congratulations on the big win against Buln Buln! All students played extremely well and now head off to the Zone Round Robin on Friday 22nd June. Good Luck!

**FOOTBALL/WINTER SPORT**

A reminder for students representing Nilma in the football team to bring a change of clothes on Friday 22nd, for the big Round Robin held at Marist Sion from 11.00am. Students will then walk to Geoff watt Track for the Winter Sport program.

**SCIENCE NEWS**

Mums and Dads when you come for your parent teacher interview on Thursday 28th June please come to look at our Science Projects. You will find them in the open area of the new building. It will be heaps of fun. Thanks, Kiara and Ella Perry

---

**JAPANESE TRIP**

Our first meeting is to be held at Darnum School on Tuesday 26th June at 7.30pm.

We would like all families and participating children to attend. At this meeting we will discuss all details of the proposed schedule.

Regards Chris Eeles/Annette Sutherland.
NILMA PRIMARY SCHOOL
PARENTS CLUB FUNDRAISER
WARRAGUL SWAP MEET CATERING
SUNDAY 1st JULY 2012

PARENT HELP NEEDED!!!

The Parents Club will be catering at the Warragul Swap Meet at the Warragul Showgrounds on Sunday 1st July for fundraising purposes.

On the menu will be Sausages, Hot Dogs, Egg & Bacon Sandwiches, Tea & Coffee, Soft Drinks and Juice.

*More hands make light work!* 

All families will be expected to support our fundraising throughout the year—so why not come and help for a while and take a look at the goodies at the Swap Meet!!!

If you are able to help out at any time during the Swap Meet on Sunday 1st July please put your name in one of the available time slots and return to school by Tuesday June 26th. Could you please let us know if you hold a food handlers or supervisors certificate. All help is greatly appreciated.

Thankyou, The Parents Club

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**PLEASE RETURN FORM BY TUESDAY 26TH JUNE.**

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**HOMEGROUP HAPPENINGS!**

1/5 Uren

We have started writing our own story about Kimochi's. Mine has Cat in my story. By Zaic

In my Kimochi story Cat has to play inside because Cloud got grumpy and made it rain. By Ashton

My Kimochi story is about Cat going to a party. She finds another cat there and they have a cat fight. By Matilda

My Kimochi story is about cloud and he gets angry. By Luke

I am reading books for the Readers Challenge by myself. By Meg

In Japanese we learnt new body parts. By Daniel

We made symmetrical pictures. I made a Dragonfly and a wiggly snake. By Holly

---

3/2 Watts

Yesterday I went home after school with Aaron. By Kael Mason

Yesterday in Japanese we played a game. We had to draw a face, and roll a dice. Each number on the dice meant you had to draw a different part of the face. By Aaron Cooper

In Art we are learning how to make Aboriginal paintings and we are learning lots about Australia in class. By Megan Griggs

In science we have been learning about electricity and we have been making electrical toys and devices. I just finished making my plane. By Sine Salt

Yesterday we learnt about pictographs. They are graphs that use pictures to give us information. It was lots of fun adding up the amount. By Carolyn Dungey

---

4/3 Williams

CROSS COUNTRY

On Tuesday 19th of June kids from Nilma P.S went to a cross country. The kids were Patrick, Justin, Ryan, Savanna and Harrison. We all put in a brilliant effort! Patrick came 51st, Justin came 13th, Ryan came 53rd, Savanna came 4th and Harrison came 27th. Savanna made it through to the finals and will be racing at Lardner Park. At the end of all the races we all had jelly legs and could hardly breathe but we all had a great time. Good luck Savanna!!!! By Patrick Smythe & Harrison Perry

---

6/5 Berkelmans

CROSS COUNTRY

On Tuesday Ryan, Justin, Tayla Lo, Harrision, Patrick and I went to the cross country at Chairo. The course was muddy and some people did trip over. There was only one hill. We had to do one lap of the school. That was 2 kilometres. Justin, Ryan and Tayla had to do one and a half laps. Tayla came 23rd. Justin came 13th. It was fun. I was coming first most of the way. I came 4th. On Thursday I am going to Lardner Park to run in the next stage of the cross country. The 10 top people get to go to the next stage. My legs are sore from Tuesday and I’m not sure how I will go. By Savanna
Kimochis

What does every parent want for their child?
- a happy successful life.

What is education focusing strongly on at present?
- emotionally mature, educated, effective children.

What is the common denominator to this?

**Emotional Intelligence**

"Emotional Intelligence – the ability to manage emotions in a healthy and productive manner. To succeed in school, family, friendship, work, community life, democratic participation, students need a full complement of skills social, emotional and academic.


Kimochis® which means ‘feelings’ in Japanese are plush, loveable toys, designed to help children learn about, understand and manage their feelings in a fun, comfortable way. Their tactile interactive nature has proved a superb vehicle for fostering emotional intelligence – EQ.

Kimochis® Feeling Cushions

Kimochis® are small soft pillows which live within the pouches of soft, cuddly characters – Cloud™, Huggtopus™, Cat, Bug, Lovey Dove™, Bella Rose and Clover, hence, toys with ‘feelings’ inside!

Designed as non-gender specific and multicultural, they help promote strong parent-child connections, and are also proving to be a groundbreaking tool in the classroom.

Kimochis® help children identify and express emotions – one feeling at a time, while parents and teachers are better able to understand what the child is trying to communicate. Being able to talk about feelings helps build confidence, self-esteem and character.

Each Kimochis® pillow has a facial expression that represents an emotion on one side, and on the reverse, the name of that emotion. These emotions range from angry, jealous, hurt, leftover, frustrated, sad, happy, kind, brave, silly, loved and more. There are 29 emotions pillows available.
Kimochis® Characters

Kimochis® characters have their own unique personalities, and a whole lot of feelings, just like children in any group gathering. Each character has a special pouch into which feelings are placed.

The plush characters are:
- **Kimochi Cloud™** who is a bit moody and unpredictable, and can be happy or sad by turning his head to display a grey sad face, or white happy face.
- **Kimochi Bug** is a rather timid caterpillar who is afraid of change and tucks his wings away when uncertain.
- **Kimochi Cat** is a born leader; somewhat bossy and is known to get into a few cat fights! She comes with a set of her own replaceable bandages to heal physical and emotional wounds.
- **Kimochi Hugtopus™** is very lovable, but sometimes overly friendly and needs to learn about boundaries.
- **Lovy Dove™** comes with her adopted baby Turtle Dove under her wing. She is the nurturer of the group and always tries to smooth out difficult situations.
- **Bela Rose** is sensitive and sweet. When Bella Rose’s feelings get hurt, she tends to close up.
- **Clover** is a four-leaved clover with bad luck. He’s a bit absent-minded, but always means well and has a great sense of humour.

Kimochis® Mixed Feelings Packs

There are four Mixed Feelings Packs. Each has five different feelings, including a blank ‘make-your-own feeling’ with a washable pen.

<table>
<thead>
<tr>
<th>Mixed Feelings Pack 1</th>
<th>Pack 2</th>
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<tr>
<td>Jealous, Loved, Grateful, Scared, Shy, and one Make-Your-Own feeling with washable pen</td>
<td>Kind, Hurt, Sorry, Uncomfortable, Friendly, and one Make-Your-Own feeling with washable pen</td>
<td>Sleepy, Surprised, Embarrassed, Guilty, Excited, and one Make-Your-Own feeling with washable pen</td>
<td>Mad, Sad, Brave, Happy, Left Out, and one Make-Your-Own feeling with washable pen</td>
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Feel Guide Instructional Booklet

Each Kimochis® character comes in its own box with three feelings (which vary per character) and a detailed Feel Guide—an instructional booklet which provides fun, easy lessons and activities.

Parents use the characters and their Kimochis® to help their kids learn about and understand their feelings and emotions in a fun way, using play, puppetry, role play, etc. Together they learn to recognize ‘feeling patterns’ and situations that trigger emotional reactions. They are shown how to use positive words, gestures and signals to help a child experience or act out a feeling in a better way, whilst acquiring a vocabulary that describes the feeling, making it easier to communicate about that emotion and acquire skills to manage feelings.

Mat Time

A special Kimochis® Mat Time program has been devised for story time at kindergartens, early prep, childcare centres, créches, libraries and the like.

‘Mat Time’ together with the ‘Feel Guide’ instruction booklet assist the librarian/teacher/carer to introduce a wide range of feelings to children. Using the fun, easy lessons and activities, they learn to describe, understand, and name their feelings. At the same time, they also learn to honour the feelings of others. ‘Mat Time’ is also a guide on how to deal with shy, wiggly or talkative kids, or kids who don’t follow rules for taking turns, and children needing numerous recesses.
# SCHOOL CALENDAR
## DATES 2012
### JUNE 2012

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**Monday**
- 18 Library borrowing Grades 4-3 & 6-5

**Tuesday**
- 19

**Wednesday**
- 20

**Thursday**
- 21 Winter Sport 22 Interschool Division Football Competition

**Friday**
- 23
- 24

**JULY 2012**

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**Monday**
- 25 Library borrowing Grades 1-P & 3-2 Prep Information Evening
- 26 Student Reports Distributed Japanese Trip meeting Darnum PS 7:30pm.
- 27 MARC Van Parent teacher Discussions
- 28

**Friday**
- 29 Last day of term
- 30

**AUGUST 2012**

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**Monday**
- 6 Active After School

**Tuesday**
- 7

**Wednesday**
- 8 Active After School

**Thursday**
- 9 Active After School Marc Van

**Friday**
- 10 Mt Worth-Cluster Day
- 11
- 12

**Saturday**
- 13

**Sunday**
- 14
- 15
- 16
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- 19
AASC - Term 3

Term 3 programs for AASC will be Basketball on Tuesdays and Stick Sports on Thursdays. Please complete the Expression of Interest form below and return to school by Wednesday 27th June, so participants can be listed in the last newsletter for Term 2. Please note that some students will not always be able to participate in the sessions as places are limited and the popular activities tend to fill quickly! If your child would like to participate in AASC please remember that it is a 7 week commitment to the program. Next term we will also be introducing some new procedures, more details about these will be in the newsletter. Students must also have a signed consent form to be able to participate in AASC.

Dates are - Basketball; 31/7, 7/8, 14/8, 21/8, 28/8, 4/9 and 11/9.
- Stick Sports; 2/8, 9/8, 16/8, 23/8, 30/8, 6/9 and 13/9.

Thanks
Belinda

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### AASC Expression of Interest Form – Term 3

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<th>Basketball</th>
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Signed by Parent ____________________________________________

Date ____________

Please choose which activity you would prefer to participate in with a 1 or 2.