Chaplaincy and Wellbeing Services at Nilma

We are very fortunate to have Rose Cook—Access Ministries—working with us to support the programs at Nilma. By now most parents would have been introduced to Rose. Her role at the school is to support the wellbeing of students in the schools and families in our community. Parents are welcome to make an appointment with Rose (Or pop in to see her) for a chat. Rose is at Nilma on Tuesdays and Fridays. Please find attached to the newsletter more information on her role.
HOMEGROUP HAPPENINGS!

1/P

Yesterday a lady came to school to talk to us. She works at the dentist. She taught us not to share toothbrushes, to brush our teeth round and round for 3 seconds on each tooth. I had to stand up at the front of my class and be her helper. I put on sunglasses and a bib to show everyone what happens when you go to the dentist. After that we got to brush a teddies teeth, look at the teeth with a mirror and count all their teeth. Then we watched a movie about not eating too many lollies and it told us we must brush our teeth every morning and night. It was fun.

By Terrific Ty

3/2

Cluster Day—Grade 5/6 Warragul Regional College

Last Friday we went to Warragul Regional College for a Cluster Day with Darnum, Ellinbank and Bona Vista. First we did the amazing race. We had to follow a map and go around the school to answer questions. We had to make a paper aeroplane, answer questions at the chaplain office, make crazy hats and measure the bus loop. Our team came 3rd. The name of our team was the Crazy Peacocks. For lunch we had a sausage sizzle. I had five sausages. After lunch we did activities our Community, Achievement, Respect and Effort. We drew picture and had discussion with year 10 students. The day was fun and exciting. I worked with Sofie, Daniel, Ethan and they are from Darnum and Ellinbank. By Jack H

4

Every Friday we do gymnastics for 8 weeks and I enjoy it because it is so much fun. Last week we made pyramids. My group was Kirsty, Olivia and I. At first we always do warm ups with Leanne we did some forward rolls and side steps. Then Sarah set us in to two groups I was in Sarah group, that’s when we did the pyramids. Then we swapped groups to Leanne and we did some side steps, army crawl and forward rolls then we got to play with the parachute with Sarah.

By Shelby.

Yay, gymnastics today! We’re doing pyramids and different activities. We have to do warm ups before we start. Our coaches are Sarah and Leanne. Sarah set us up into groups. The people who were with Sarah did pyramids.

The people with Leanne did different activities. I was with Leanne first then with Sarah second. This happened last week.

By Tahlia Witney

Gymnastic Fun!
For the last 3 Fridays we have been enjoying the gymnastic Program at school. We have been learning lots of skills and having heaps of fun. Here a some thoughts so far..

In gymnastics we have two people who come in and help to do gymnastics. I have learnt how to forward rolls. Kiara

In gymnastics on the mat we learnt to do a tuck sit. Ella

In gymnastics we have learnt to do an L sit and a roll in Mr Williams room where you have to land like a motorbike. Brianna

In gymnastics the gym teacher told Meg to come in and we were wondering why. Meg then lifted her own body weight off the floor. I was so amazed! By Carolyn

Lane Joel and me made a pyramid. Beth got to stand on top. By Daniel
R.E.A.L STUDENTS @ NILMA

Student of the Week
Recognitions

Homegroup 1 / Prep

Holly Behncke
For working so hard to illustrate your picture for your narrative. The colours look fantastic. Also for doing a great job reading our classroom calendar. Well done!!

Homegroup 3/2

Aiden Olsson
For working so hard to write neatly and correctly. You think very hard to include detail and sequence your thoughts properly. You are becoming a fantastic writer! Well done!

Homegroup 4

Rose-Ann Scott
For making such a great effort in all areas of your learning, being willing to “have a go” and being a good role model, co-operating well with others. Well done mate!

Homegroup 6/5

Michael Farnham
This week you have put so much effort into your writing and literacy tasks. I was very impressed with your determination to do your very best.

R.E.A.L STUDENTS @ NILMA

L.A.U.G.H

NIGHTLY READING

Recognition Certificates

75 Nights
Ashley Griggs
Patrick Smythe

100 Nights
Zaic Farmer
Jack Hall

125 Nights
Daniel Axford

200 Nights
Dominick Johnstone Wittney

Happy Birthday

Megan Griggs
Hello, just us grade sixers again giving you an update on things that have been happening.
It has been a great week. In the garden the chook house is going well and the eggs in the incubator only have a week left. Hot lunches are today (Thursdays) hot dogs yummy. Also if you have any ideas for hot lunches please come to the office or one of the school leaders. Gymnastics is on Fridays and is going well were sure the kids are enjoying it thanks to the gymnastics teachers. By Ryan and Savanna

STUDENT LEADERS’ CORNER

Mathletics Awards
- Olivia Addison
- Mitch Chesterfield
- Carolyn Dungey
- Riley Kleeven
- Lane Ward

Reading Eggs Awards
- Jack McGrath

'Students For Life'
Today some people are paving in gardening. We hope the chickens hatch and three people are doing fertilising - 3/2

Two people are doing the compost By Ella and Kiara and Arawn

Today I have taken some photos of the incubator and the Year 5/6 class are doing Science and we have to research animals. By Mckayla

ASIA EXPO
You are cordially invited to Invermay Community’s ‘Asia Expo,’ an event to be held on Wednesday 14th August from 6:00pm – 9:00pm at the Drouin Secondary College Basketball stadium.
Invermay Community is a partnership between four individual schools, Athlone Primary School, Lardner and District Primary School, Longwarry Primary School and Ripplebrook Primary School and their own unique communities.
It is Invermay Community’s shared vision that the children of the Invermay cluster will speak with respect and knowledge about Asia and, through education, develop their social, creative and vocational opportunities in this region, becoming citizens of the global world.

The purpose of our ‘Asia Expo’ is to educate, enthuse and create discussion and thought in our students, parents and the wider community about Asia and its role in our students’ future.

The principals of our four schools, our students, parents and the wider community very much look forward to your attendance at this exciting event.
Please RSVP your attendance by the Friday the 9th August 56 26 1303 or email Anne Southall, Laura Caddy or Julia Sadler
The school council has been reviewing policies for the school. The two policies currently under review are the:
1. Healthy Primary School Policy (Draft)
2. LAUGH (Learning Activities Under the Guidance of Home—Homework) Policy

Attached to the newsletter are the Draft or review policies and procedures to implement the policies across the school.

The school council would like your feedback to both policies—so we can develop a whole school community approach to these.
We will have a shared understanding of the school community’s expectations are, and how we can best translate these expectations into our policies and programs.

PARENT COMMENTS

1. Healthy Primary School Policy (Draft)

   Eg—A parent has suggested we incorporate Hygiene into the policy.

2. LAUGH (Learning Activities Under the Guidance of Home—Homework) Policy and procedures

   We have implemented new procedures and we would like to know how the program is being received at home or if parents have any suggestions to improve/modify the program.

RETURN BY NEXT THURSDAY 16TH AUGUST
Hot Lunches: Parent Club are busy again this term undertaking Hot Lunches on Thursdays throughout Term 3. A menu is attached to the newsletter, this menu is for the entire term so please put it somewhere safe! All money and orders are due in the Tuesday prior to Hot Lunches, no late orders will be accepted.

Parents Club meeting: We will be holding a meeting on Tuesday 13th August at 9am in the Staffroom, everyone is welcome to attend.

Healthy Eating Policy: Attached to the newsletter is a draft copy of our ‘Healthy Eating’ Policy, we would like for parents to have an input into this policy as once it is passed by school council at the next meeting it will be implemented throughout the school.

PARENT HELPERS
If you would like to support the school could you please let your classroom teacher know—of times of the week you may be available—we will schedule you in. Helpers must have a Working With Children Certificate.

NILMA PLAYGROUP revival
Morning sessions  9.00am—11.00am
If any parents are interested in re-establishing NILMA PLAYGROUP—please let me know—Annette (now that the building program is complete)

Parents Club meeting: We will be holding a meeting on Tuesday 13th August at 9am in the Staffroom, everyone is welcome to attend.

Healthy Eating Policy: Attached to the newsletter is a draft copy of our ‘Healthy Eating’ Policy, we would like for parents to have an input into this policy as once it is passed by school council at the next meeting it will be implemented throughout the school.

HOT LUNCHES ROSTER

Name of parent: _______________________________________________________

I can help with Hot Lunches on: (please circle)

Thursday 15th Aug           Thursday  22nd Aug                 Thursday 29th Aug
Thursday 5th Sept            Thursday  12th Sept

Signed by parent: __________________________________________________

Date: ____________________________

Please return forms to the office by Monday 12th August.

Helpers will be required every Thursday from 12.00pm to 1.00pm.
# HOT LUNCHES

## MENU and PRICE LIST

### TERM 3  2013

<table>
<thead>
<tr>
<th>Date</th>
<th>Lunch Options</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday 15th Aug</td>
<td>Party Pies  .50c each</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Party Sausage Rolls  .50c each</td>
<td></td>
</tr>
<tr>
<td>Thursday 22nd Aug</td>
<td>Cocktail Frankfurts  .50c each</td>
<td></td>
</tr>
<tr>
<td>Thursday 29th Aug</td>
<td>Chicken &amp; Corn Soup  $1.50 each with a Roll</td>
<td></td>
</tr>
<tr>
<td>Thursday 5th Sept</td>
<td>Chicken Schnitzel  $2.50</td>
<td></td>
</tr>
<tr>
<td></td>
<td>&amp; Cheese Roll</td>
<td></td>
</tr>
<tr>
<td>Thursday 12th Sept</td>
<td>Hot Dogs  $2.50 each</td>
<td></td>
</tr>
</tbody>
</table>

### Regular Menu Items
- Chocolate or Strawberry Milk  $1.50
- Juice Boxes (Assorted Flavours)  .50c

## The Hot Food will only be available on the days listed above.

### ORDERING PROCESS

1. Students can order from the menu.
2. Orders to be written on an envelope—student name/grade and list of lunch items and costs with TOTAL on envelope.
3. Orders to be handed in at office or given to classroom teacher, the Tuesday before Hot Lunches.
4. Late orders will not be accepted.
### AUGUST 2013

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Active After School</td>
<td>School Council meeting 5.30pm</td>
<td>Marc Van Active After School</td>
</tr>
<tr>
<td>5</td>
<td>6</td>
<td></td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>School Banking Gymnastics</td>
</tr>
<tr>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
<td>16</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Active After School</td>
<td></td>
<td>School Banking Gymnastics</td>
</tr>
<tr>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
<td>23</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Active After School</td>
<td>Marc Van Active After School</td>
<td>School Banking Gymnastics</td>
</tr>
<tr>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Active After School</td>
<td></td>
<td>School Banking Gymnastics</td>
</tr>
</tbody>
</table>

### SEPTEMBER 2013

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Active After School</td>
<td>Marc Van Active After School</td>
<td>School Banking Gymnastics Grade 6 transition day</td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>School Banking Gymnastics</td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Marc Van</td>
<td>Last Day Term 3</td>
</tr>
</tbody>
</table>

### OCTOBER 2013

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td></td>
<td>First Day Term 4</td>
<td></td>
<td>12</td>
</tr>
<tr>
<td>14</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Swimming</td>
<td>Marc Van</td>
<td>Swimming</td>
</tr>
<tr>
<td>21</td>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
</tr>
<tr>
<td>Year 4-6 Camp</td>
<td>Year 4-6 camp</td>
<td>Year 4-6 camp</td>
<td>Swimming</td>
<td></td>
</tr>
<tr>
<td>Rumbug Swimming</td>
<td>Rumbug</td>
<td>Rumbug</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
</tr>
<tr>
<td>swimming</td>
<td></td>
<td></td>
<td>Marc Van</td>
<td></td>
</tr>
</tbody>
</table>