Author Day at Nilma PS

On Wednesday afternoon Nilma Primary hosted 77 authors; students who have been working on their narrative writing and the publishing of their story writing. Families were invited to visit and share the children’s writing and the children share their writing with each other. It was great to see all the budding authors sharing their texts and so many parents, grandparents, and aunts turning up to be involved and be entertained by some great stories and celebrate the brilliant writing skills.

Thanks to Mrs Buckler for organising the day and all the parents who turned out in support.

MARC Van—Author/Illustrator Day at Buln Buln

Book Week Celebrations at Buln Buln.

Yesterday the Nilma students visited Buln Buln Primary School for the day to celebrate Children’s Book Week. The day was organised by Mr Bucknall through the MARC Van program.

Students came dressed as favourite book characters for the day and participated in a parade. The students had the opportunity to meet and work with 3 authors/illustrators; Mark Wilson, Michael Pankridge and Bernard Caleo. These authors shared their experiences of writing, illustrating and having their manuscripts published as books. The day provided students with a great follow-up to the work they have been doing in their writing groups as they plan, write, review, edit, illustrate and publish their own narrative stories.

CUPPA FOR HEART KIDS

2.30pm Wednesday

BADMINTON CHAMPIONSHIP

Tuesday

Good luck Ryan, Megan, Kylie and Patrick

BIKE EDUCATION STARTS MONDAY
Authors Day at Buln Buln PS

At Buln Buln we went around the basketball court in a parade. I dressed up as Dr. Suess. I got very hot and I had to get out of my costume. I like Matilda’s costume she was dress up as The Queens of Hearts from Alice in Wonderland. By Jade

Yesterday was dress up day. We went on a bus to Buln Buln Primary School. It was fun. I liked doing the drawings. By Chloe

We went to Buln Buln Primary School. There was a big playground. I made an origami frog, frog mask and a number sheet and that’s all. By Holly

Author’s Day at Buln Buln

Yesterday the whole school went on a bus to Buln Buln for an Authors’ Day. We had to dress up as book characters, I was Greg Hefley from Diary of a Wimpy Kid, Lachlan A was Elmo and Max was the Man from Snowy River. Before we left we had a little play on the basketball court. When we arrived we put our bags in the art room which was full of bikes. We got introduced to Mr Allison, the Buln Buln principal and we had the parade. Lachlan A and Ryan won a book for having a creative costume. Then we were split into 3 groups the preps and grade 1’s. Then it was gr 2’s and 3’s. then the rest of us went off. Lachlan and I met our friend from basketball. Max. The first author we were with was Mark Wilson who wrote My Mother’s Eyes and Angel of Kokoda. He said that his grandfather was in the war and when he got gassed he survived. Then it was snack. We played basketball it was Nilma vs. Buln Buln. We won by 2 points. But those rings were rigged, no one could get a shot in! Then we went with Michael Pankridge. He writes sports books and scary stories. When he was about 10 he couldn’t read properly. But he could read sports stats in magazines. Our last author was Bernard who was a comic writer and illustrator.

Angus Mulconry

Authors Day Buln Buln

I liked most of the peoples costumes. I liked the part when we were listening to the authors. Brianna

Yesterday we went to Buln Buln Primary School and I dressed up as Cobi Bryant. Michael the author was the funniest. I made new friends with some new people from Buln Buln. Mitch C

When we got to Buln Buln I saw one of the kids that I knew. It was fun playing on their big slide. I liked when they told us stories. One of them was about a spider lady and the monster teacher. Nashaya

Yesterday we went to Buln Buln and my costume was Doctor Zeus from Cat in the Hat. When we went into a room a man taught us to draw a sea turtle. After lunch we went to a room, his name was Michael and he told us scary stories about a spider lady teacher who never got out of her chair. Joel

Author’s Day at Buln Buln

Yesterday we went to Buln Buln to have a costume parade for book week. Three different authors came. One was wrote about animals and history. One wrote about sport and the third was a comic book writer. Before the day started we hopped on the bus and went to Buln Buln. We put all our bags in the 2 rooms and started the costume parade. I dress up as a hunter. My costume had plain clothes and boots. The comic book author and the history author let us draw pictures to become good illustrators. The other author told us about how to write about horror or sport story. He told us about his history and how he became a write. By Jack C
R.E.A.L STUDENTS @ NILMA

Student of the Week Recognitions

Homegroup 1 / Prep

Zavier Allsopp
For working so hard in Miss Closter's grade to learn about multiplication. Great drawing at Buln Buln PS as well. Well done!!

Homegroup 3/2

Bailey
You presented a fantastic narrative for our Young Authors Day and read it to others with so much expression and feeling! It was fantastic to listen to! Well done Bailey.

Homegroup 4

Tahlia Witney
for being prepared to challenge yourself and do your best in all areas of your learning. Well done

Homegroup 6/5

Mckayla Lindsay
For being a fantastic learner and always being on task. You are a great role model for your fellow students.

STUDENT LEARNING @ NILMA

Happy Birthday
Miss Closter
The Reading Challenge has entered its last week and students are finishing off their books and entering their reading records on the website. Students from grade 3 to 6 who are participating have read 15 books and Prep- Grade 2 students have read and shared 30 books at home and in their class. Our goal was to have all students participate in 2013. Thank you to parents for encouraging and supporting your child in their reading endeavours. These students who have successfully completed the Challenge will have their names published in the Sunday Age and receive a certificate from the Premier in Term 4. Well done and congratulations to all those students who will complete the Premier’s Reading Challenge for 2013.

On Friday the 30th of August Constable Kevin McLaren came to Nilma Primary School to discuss with the grade 5/6 student about Cyber safety. He also discussed internet sites such as facebook. Students learnt about not to share information on the internet such as passwords and personal information. They learnt that it is important to think about what pictures you share and information you post on site such as facebook. Constable Kevin also talked about what to do if you get bullied online. The students thought it was very interesting and learnt about safety on the internet.

Student Recount

On Friday 30th of August Constable Kevin McLaren of the Warragul Police Station came to Nilma Primary to talk to grade 5 and 6 about the dangers of Cyber Bullying. He talked to us about the dangers of making yourself public to the internet. He told us not to take photos when you can see logos or uniforms because children our age have been hurt from people coming into schools and finding the kids who took the photo. He asked us to look up or names on site called ‘pipl’ and if you could see pictures of us that means you are displaying too much on the internet. Cyber Bullying happens on sites like ‘Facebook’, ‘MySpace,’ and other social networking sites on the internet. Cyber Bullying can also happen on messaging sites such as ‘MSN’, or ‘iMessage’.

By Savanna
Tuesday afternoon was a great success with all students sharing their narrative writing with peers and parents. Chuckles of laughter could be heard as stories were read with expression, words of praise and positive feedback were received by our writers and smiles appeared across faces of proud parents and teachers. The authors themselves were seen to enjoy the celebration of their work, eagerly seeking another person to share their writing with.

‘All the prep/1 stories are really good. They have lots of detail.’

– Grade 6 student

Celebrating Young Authors
What up Nilma peeps? Yesterday prep to six went to Buln Buln primary school we had a great time there were lots of cool, funky dressed people there were lots of fun activities and a few awesome authors. On Friday 30th of August Constable Kevin came to our school to talk about cyber Safety. There are also hot lunches this week we are having schnitzel’s and cheese roll.

By Jack Hall

Savanna, McKayla, Ryan, Jack H, Jai, Jasmin and Cooper

STUDENT AWARDS

Study Ladder Awards  Reading Eggs Awards

Olivia Addison  Zavier Allsopp
Mckayla Lindsay

Lachlan Axford  Andrew Burdett
Max Chesterfield  Holly Farnham
Jamie Garten  Sarwan Harvey
Shelby McGrath  Angus Mulconry
Sine Salt  Rose-Ann Scott
Anthony Scott  Tahlia Witney
Kirsty Wooster  Bailey Dent
Daniel Axford

'Learners For Life'
On Wednesday September 11th—Nilma PS will be hosting a “Cuppa for Heartkids and Mad Hatters tea party”. Kids are invited to wear free dress with crazy hat, while parents and friends are invited to join us for a cuppa and afternoon tea.

Students will have a parade at 2.30pm and parents and friends are asked to come and help Nilma support a great cause and a non-for profit organisation that supports children and their families with Heart disease.

Please bring a gold coin donation on the day!

- Six babies are born with a heart defect in Australia every day
- Heart disease is the biggest killer of Australian kids under one
- There is no known cure.
- Thanks to medical advances, there are over 32,000 adults who have lived with a heart defect since childhood.
- This September show your support for children with heart disease and their families. Join us and have a cuppa for Heart kids.
- Did you know? Heart disease is the biggest killer of Australian kids under one
SCHOOL HAPPENINGS...

HOT LUNCHES
The Hot Lunch for Thursday 12th Sept is: Hot Dogs $2.50

There will be no Hot Lunches on Thursday 19th September.

Swimming Program
The swimming program will be held in Term 4 for 6 sessions.
The dates for this program are: 14th, 18th, 25th, 28th October, and 1st and 6th November 2013.
Permission forms were attached to the newsletter last week. The cost for this program is $50 per child.
Payment can be made to the office at anytime, but must be paid by the 14th October. Could parents of new students and prep students please notify the school if your child has had swimming lessons and what level they are at.

CAMP RUMBUG
Information will be sent home today with the newsletter regarding the Year 4,5,6 Rumbug Camp. Could all forms please be signed and handed back to the office by next Friday 13th September. Thankyou to those families who have already paid a deposit for the camp. The total cost for this camp is $220 which can be paid in instalments or as a lump sum. This camp will be held on Monday 21st to Wednesday 23rd October. Should you have any questions relating to the camp, please contact the office.

BIKE EDUCATION
All Year 4 to 6
Get your bike ready for Monday 9th September. Students will be able to have bikes at school for last 2 weeks—of School Bike Education. 16 students will be selected to compete in the Bike Education Challenge at Lardner Park on Thursday 19th September.

NILMA PRIMARY SCHOOL
School Production
Super Kids
Date has been set for Thursday December 5th 2013
Will be held at Drouin Auditorium
More information next term.
AUDITIONS FOR MAIN ROLES
for year 6 and 5 students
FINALISED THIS WEEK

ART AWARDS
The Art Awards for this week go to:
• Ava Williams
• Mitchell Gilmore
• Tahlia Witney

BADMINTON CHAMPIONSHIPS
Congratulations to Patrick, Ryan, Megan and Kylie who have been selected to play at the Badminton Championships in Melbourne on September 10th. We wish them all the best for the day!
COMMUNITY NOTICES

You wouldn't eat 16 packs of sugar in one hit, so why would you drink them all in one go?

Did you know there are about **16 packs of sugar** in a 600ml bottle of regular soft drink? Or about nine packs in a sports drink? Over time all that extra sugar in sugary drinks starts to add up. If you're not burning it off, you could be drinking yourself fat, increasing your risk of type 2 diabetes, heart disease and some cancers.

So instead of grabbing a soft drink, why not try water, reduced-fat milk or unsweetened drinks instead?

Have a look with your kids at the great online clip:  [www.rethinksugarydrink.org.au/](http://www.rethinksugarydrink.org.au/)

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**Here is a cheap and yummy lunch box filler:**

**Carrot muffins - makes 12**

Mix 2 cups of wholemeal self-raising flour with ½ teaspoon bicarbonate and 1 teaspoon cinnamon. Add ½ cup brown sugar, ½ cup dried fruits, and 2 carrots grated. Mix 2 eggs, 2 tablespoons of oil and 1 cup of low fat milk together and then mix into dry ingredients. Spoon into muffin patty pans and bake at 200 degrees C for 20 minutes or until a cooking skewer comes out clean when inserted into the centre.

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**What are Food Additives?**

*Food additives are chemicals that help keep food fresh or change its colour or taste. Some people are sensitive to food additives, but this is rare. Reactions to food additives include hives or diarrhoea, other digestive disorders and respiratory problems such as asthma. For more info on additives go to better health channel website: [http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Food_additives](http://www.betterhealth.vic.gov.au/bhcv2/bhcarticles.nsf/pages/Food_additives)*

Some food additives that may cause problems for some people include:

- **Flavour enhancers** – monosodium glutamate (MSG) 621
- **Food colourings** – tartrazine 102; yellow 2G107; sunset yellow FCF110; cochineal 120
- **Preservatives** – benzoates 210, 211, 212, 213; nitrates 249, 250, 251, 252; sulphites 220, 221, 222, 223, 224, 225 and 228

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**LITTLE ATHLETICS**

Little Athletics promotes fun and fitness for children aged between 5 and 15. One of the few sporting activities where all your children can compete at the same time, all at the same venue.

Join up and receive specialist coaching in all aspects of track and field, a great advantage when it comes to your school sports.

Children are welcome to participate in a free trial day prior to registration.

For all enquiries please contact the centre at warragul@lavic.com.au or phone Alex 96289597
**“Spring into Sport”** these school holidays with **FREE** come and try sessions at the following clubs.

Bookings are preferred, simply phone or email the club contact listed to book in.

Come & Try Sessions

### WEEK ONE

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<th>Coach/Club</th>
<th>Contact</th>
<th>Venue &amp; Time</th>
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<tbody>
<tr>
<td>Badminton</td>
<td>Ray Throup</td>
<td>Ray Throup 0422 487 322</td>
<td>Monday 27th September, 10am-11am, Grade 2-6, Warrawong Badminton Club, 49 Rawson St, Warrawong</td>
</tr>
<tr>
<td>Cycling</td>
<td>Brenton Jones</td>
<td>Brenton Jones 0438 025 513</td>
<td>Monday 23rd September, 2pm-3pm, Grade 4-6, Warrawong Velodrome, 5 June Cr, Warrawong</td>
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<tr>
<td>Basketball</td>
<td>Jason Hibbs</td>
<td>Jason Hibbs 0409 637 013</td>
<td>Tuesday 24th September, 10am-11am, Grade Prep-2, 9 Paul Anglion Grammar, Bowes St, Warrawong</td>
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<tr>
<td>Cheerleading/Aerobics</td>
<td>Wayne Abrahams</td>
<td>Wayne Abrahams 5623 3038</td>
<td>Tuesday 24th September, 2pm-3pm, Grade Prep-4, Jada Fitness</td>
</tr>
<tr>
<td>Netball</td>
<td>Janet Parker</td>
<td>Janet Parker 0430 480 405</td>
<td>Wednesday 25th September, 10am-11am, Grade Prep-4, Drouin Netball Association</td>
</tr>
<tr>
<td>Swimming</td>
<td>PS Noyes/Andrew Keast</td>
<td>PS Noyes 0419 877 492</td>
<td>Wednesday 25th September, 2pm-3pm, Grade 2-6, Warrawong Aquatic Centre, Bart St, Warrawong</td>
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<tr>
<td>Hockey</td>
<td>Melissa Graham</td>
<td>Melissa Graham 0420 991 360</td>
<td>Thursday 26th September, 10am-11am, Grade Prep-2, Woolagood Yaboodi, Yarrawong Park, Drouin</td>
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<tr>
<td>Tennis</td>
<td>Drouin Tennis Club</td>
<td>Kylie Matthews 5625 3495</td>
<td>Thursday 26th September, 2pm-3pm, Grade Prep-3, Drouin Tennis Club, 92-94 Sunset Rd, Drouin</td>
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<tr>
<td>Water Polo</td>
<td>Sarah Jackson</td>
<td>Sarah Jackson 5623 6000</td>
<td>Friday 27th September, 10am-11am, Grade 3-6, RAWOS Water Polo, Metheer St, Warrawong</td>
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<tr>
<td>Tennis</td>
<td>Drouin Tennis Club</td>
<td>Kylie Matthews 5625 3495</td>
<td>Friday 27th September, 10am-11am, Grade Prep-5, Drouin Tennis Club, 92-94 Sunset Rd, Drouin</td>
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<tr>
<td>Volleyball</td>
<td>Danny Anderson</td>
<td>Danny Anderson 0408 818 237</td>
<td>Friday 27th September, 10am-11am, Grade Prep-6, Bellbird Park, Indoor Centre, 215 Settlement Rd, Drouin</td>
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<tr>
<td>Squash</td>
<td>Brian Goodwin</td>
<td>Brian Goodwin 0418 770 086</td>
<td>Monday 30th September, 2pm-3pm, Grade 3-6, Morwell Squash Club, 52-54 Avenel Rd, Morwell</td>
</tr>
<tr>
<td>Tennis</td>
<td>Glenn Kristine</td>
<td>Glenn Kristine 0408 762 679</td>
<td>Tuesday 1st October, 2pm-3pm, Grade Prep-6, Trafalgar Tennis Club, Tinggall St, Trafalgar</td>
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<tr>
<td>Volleyball</td>
<td>Danny Anderson</td>
<td>Danny Anderson 0407 818 237</td>
<td>Wednesday 2nd October, 10am-11am, Grade Prep-6, Waangal Bowls Club, 11 Tinggall St, Trafalgar</td>
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<tr>
<td>Tennis</td>
<td>Lester Mason</td>
<td>Lester Mason 5623 6134</td>
<td>Thursday 3rd October, 10am-11am, Grade 3-6, Waangal Bowls Club, 11 Tinggall St, Trafalgar</td>
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<tr>
<td>BMX</td>
<td>Cohan Giddon</td>
<td>Cohan Giddon 0400 407 112</td>
<td>Thursday 3rd October, 10am-11am, Grade 4-6, Westmount Park BMX Club, Tinggall Cr, Tinggall</td>
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<tr>
<td>Tennis</td>
<td>Jamie Dunn</td>
<td>Jamie Dunn 0417 400 763</td>
<td>Friday 4th October, 10am-11am, Grade Prep-5, Bouncing Bun, Morwell</td>
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<tr>
<td>Cricket</td>
<td>Daniel Best</td>
<td>Daniel Best 0430 720 629</td>
<td>Friday 4th October, 10am-11am, Grade Prep-5, Warragul Cricket Club, Tinggall St, Warragul</td>
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<td>Bookweek Author Visit/Inauguration</td>
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<td>Badminton Championship</td>
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<td>19 Marc Van Bike Ed Challenge School Disco</td>
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<td>St Andrews Kinder visit 16</td>
<td>Marc Van</td>
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<td>21 Year 4-6 Camp Rumbug Junior Bike Education</td>
<td>22 Year 4-6 Camp Rumbug Junior Bike Education</td>
<td>23 Year 4-6 Camp Rumbug Junior Bike Education</td>
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<td>Marc Van</td>
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### NOVEMBER 2013

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