TOUGH MUDDER/WALKATHON FUNDRAISER
Year 6 leaders have been busy organising the Tough Mudder fundraiser. A fun, muddy and wet course will be coordinated around the school grounds. Students will have a set time to complete as many laps as possible. The Tough Mudder will be held tomorrow, Friday 20th November at the school from 1pm - 3pm. Please remember to bring old clothes to wear and a change of clothes for after the Tough Mudder - even a change of underwear! A towel and soap is also recommended. Parents are welcome to come and watch, we are also after volunteers to help with the course or you may even like to participate yourself! Thank you to Blackwoods for the donation of clean topsoil for use in the ‘Commando Crawl’ (mud crawl) obstacle for the event. If you haven’t already returned your forms please bring them in tomorrow morning so we can record the number of laps completed on each student’s form.

Students are asked to wear their ‘Tough Mudder’ old clothes to school - school uniform is not required tomorrow.

EXCURSION TO GOOD SHEPHERD PS
Year 6 students will be visiting Good Shepherd Primary School next Monday 23rd November. Good Shepherd is in Wheelers Hill. Nilma students will get the opportunity to experience a ‘city’ school environment. Lunch will be provided, however students are asked to bring a snack and drink. Students will be travelling by bus, leaving Nilma at 9am and returning by 3pm. Students will need to be in full school uniform. Students are to be aware that their snack will need to be nut free and should not be shared with any of the other students.

WOORABINDA CAMP
Charlotte Brown, Mitchell Gilmore, Riley Kleeven, Daniel Axford, Bailey-Jack Christoph, Meg Devlin, Ashton Kimm, Aiden Olsson, Ella Perry, Kiara Perry & Kiandra Polglaze will be leaving on Monday morning, 23rd November, for a week of adventure and fun at Woorabinda Camp. We hope you all have a great time and enjoy the experience!

SCHOOL COUNCIL MEETING
The next School Council meeting will be held on Wednesday 2nd December at 6pm at the Courthouse in Warragul. This will be the final meeting for the school year.

REMEMBRANCE DAY
On Wednesday 11th November a service was held at Nilma for Remembrance Day, whilst some of our year 6 students represented Nilma by laying a wreath at the Warragul Cenotaph, Mr Williams along with Max Chesterfield, Andrew Burdett, Angus Mulconry and Deakin Santo conducted a service for students and staff at school. Thank you Mr Williams, Max, Andrew, Angus and Deakin.

YEAR 2 SLEEPOVER
Year 2 students will be having a sleepover at school on Thursday 26th November. Students will finish school at 3.15pm as usual but return at 6pm for the fun to begin! Students will need to bring with them a sleeping bag, pyjamas, toothbrush and casual clothes to wear on Friday.

The cost for the sleepover is $10 per student, money and permission forms are due in on Monday 23rd November.
R.E.A.L STUDENTS @ NILMA

Student of the Week

Recognitions

Homegroup F Red

Ashlee Cooke

For your constant effort in all areas of your learning. You give anything a go and always put in 100% effort. Well done Ashlee

Homegroup 2/1 Green

Levi Booth

For making a great effort in all areas of your learning and always being willing to “have a go” and do your best.

Homegroup 5/4/3 Blue

Amelia Scanlon

For being prepared to try your hardest with your Aim Online tests to achieve your best and challenge yourself in your learning.

Well done Amelia!

Homegroup 6/5 Yellow

Rose-Ann Scott

For putting a great effort into all areas of your learning and always striving to achieve your best. What great learning qualities to have! Well done Rose-Ann.

L.A.U.G.H Program
Learning Activities Under Guidance of Home

NIGHTLY READING

150 Nights
Harrison Jones

175 Nights
Lachlan Axford

200 Nights
Beth Axford

Ty Kindermann
Emma Brown

Thomas Buckler
Blake Stone
Cohen Cogo

PLAYGROUND AWARDS

Winners

• Piper Bundle
• Bailey Stephens
• Jade Mammolito
• Tahlia Witney

Happy Birthday

No birthdays this week!
Acrostic Poems

Pigs  Leopard
Apples  Eating
Ice-cream  Win
Girl  Icy poles
Eating  Sky Landers

Birds  Apples
Lee  Lightening
Ants  Eggs
Kangaroo  Xray
Easter Bunny

5/4/3/ Blue are studying and researching an Australian animal from their excursion to Healesville. These are some of the questions one group has identified to help their research.

What is the scientific name?
Describe their natural habitat/environment?
What is their diet?
Describe your animal. What features do they have?
How or where do they make their homes?
What adaptations does the animal have to survive?
What are the predators of your animal?
How did they survive in their natural habitat?
Are they endangered?
What is causing them to be endangered?
How are the young born and raised?
How long do they live?
How do they find a mate?
What instincts are they born with?
Compiled by Ashton, Aiden and Daniel

Acrostic Poems

Joyful when writing
Apples are yummy
Doing the monkey bars is fun
Excellent at taekwondo.

Chocolate is yummy
Loves my mum
I like playing the play station
Never eats nuts
Terrific at my work

Poetry

Dark Fear - Emotive Poem
I went in a dark room and slammed the door shut
After a bit, a cold breeze blows on my face
The dark and freezing breeze shrinking down my spine
My cold breath reflecting on my face

Wolverine - Quatrain
William the wolverine
Was scratching at my door
Groaning I hear
Under my floor

Nilma Primary School - Descriptive Poem
So small with 58 kids
I have fun at this school
Special events happening
With plenty more to come
At our small school
Nilma kids get computers
Come here to learn

By Ryan Cane
GOOD SHEPHERD PRIMARY SCHOOL
Ms Matarczyk’s yellow homegroup 6/5 will be attending an excursion to the Good Shepherd Primary School on Monday 23rd November. Permission forms must be returned by Thursday 19th November 2015. Lunch will be provided by Good Shepherd PS but students will need to take a snack and a drink. Please note that Good Shepherd is a nut free school, **NO NUT PRODUCTS ARE TO BE TAKEN ON THIS EXCURSION.**

YEAR 2 SLEEPOVER
On Thursday 26th November, the Year 2 students will be having a sleepover at the school. Miss Berkelmans and Mr Williams will be the teachers in charge of the evening. Students will go home at the normal time on Thursday and come back to school at 6.00pm. We will be having a range of activities during the evening and the next day. A BBQ evening meal will be provided along with breakfast on the Friday. After breakfast, the Year 2 students will be participating in some outdoor activities. This experience will provide students with a good introduction to the camping program for the next year. Permission forms must be returned by Monday 23rd November. There will be a cost of $10.00 per student for the sleepover.

BIKE EDUCATION
The Foundation, 1 & 2 students will be participating in Bike Education at Nilma PS on Monday 30th November until Friday 4th December and the Year 3, 4, 5 & 6 students will be participating from Monday 7th December until Friday 11th December. Students can bring their bikes to school on the Monday and leave them at school until Friday. All students must bring a helmet. Students will have one session per day, and will learn all about bike safety and aspects of Bike Education.

WOORABINDA CAMP
The Woorabinda Camp will be held from Monday 23rd until Friday 27th November 2015. The students attending this camp will be: Charlotte Brown, Mitchell Gilmore, Riley Kleeven, Daniel Axford, Bailey-Jack Christoph, Meg Devlin, Ashton Kimm, Aiden Olsson, Ella Perry, Kiera Perry & Kiandra Polglaze. Students have been notified where the pick up point will be.

SUMMIT CAMP
The Year 6 students will be attending the Mt Worth Cluster Transition Day at the Summit Camp on Friday 27th November. Parents are to take students to the Summit Camp at Trafalgar East at 9.00am and pick up from the camp at 7.30pm. Children must bring lunch, snack and drink for the day. An evening meal will be provided. Students must also bring bathers, towel, hat and a change of clothes.

TRANSITION DAYS—YR 7
Warragul Regional College 9.00am—11.00am—Friday 13th December 2015
Drouin Secondary College—Monday 16th November & Friday 11th December
St.Pauls Anglican Grammar School—Tuesday 1st & Wednesday 2nd December.
Statewide Orientation Day - Tuesday 8th December 2015.

FOUNDATION ORIENTATION DAYS—NILMA PS
Foundation Orientation Days at Nilma PS will be held on Wednesday 25th November from 9.00am —11.00am, Monday 30th November from 9.00am—1.00pm & Tuesday 8th December 2015 from 9.00am—3.15pm.

‘TRADIE FOR A DAY’ EXCURSION
All Year 6 students will be attending the ‘Tradie for a Day’ excursion on Wednesday 9th December. Students will be travelling to and from the Baw Baw Skills Centre by school bus. There is no cost to students for this day. This excursion will allow Year 6 students to see a range of training programs and facilities available to them in the future. Students will rotate through activity studies, such as carpentry, plumbing, automotive, agriculture and other programs. Students are to bring lunch, snack and drinks for the day. All children must wear correct uniform including hat. Permission forms are attached to the newsletter.

SCHOOL BANKING
There are only 3 more banking days left for 2015! It has been great to see the regular banking habits from students participating in the program, well done everyone! Some students will be getting close to having 10 tokens ready to redeem for rewards, could these students please see Belinda in the office to get their rewards organised as there can be a long wait for shipping of rewards at this time of year! Rewards are presented to students during Assembly on Monday mornings.

ASBESTOS AUDIT
As part of the Department of Education and Early Childhood Development’s Health & Safety Management Plan, new labelling will be installed at our school. The labels remind people to contact school reception prior to undertaking any works at the school, to ensure they have up-to-date information from the school’s asbestos register. Asbestos—which was used extensively in building materials in the past but is now banned—is considered safe unless damaged or in poor condition. The new labels form part of a comprehensive program to ensure Victorian government schools remain safe. Children’s safety is our number one priority, that is why we are taking this extra step as a precaution.
Creating Resilient Families’ (refer ACER Andrew Fuller) has been a hot topic for a decade or more. Young people have spoken out about the way they feel parents should speak to their children. Several useful guidelines emerged. First, most children and teenagers are afraid that their parents will humiliate them in front of their friends or trusted adult. So if you have to have a D & M (deep and meaningful) conversation with them – do it in private. Even when you think you might get away with scoring a point because they are in front of their friends, don’t succumb to temptation. All you will end up with is a resentful kid.

The golden rule of communicating with children and teenagers is simple: speak to them as you would speak to your friends. For many young people the intensity and eye contact that usually accompanies a D&M is too much. It is often better to try to have discussions with your teenager when you are both engaged in another activity such as driving to and from school, providing no other siblings are present. If that is the case then join your child in an activity they want help with to at least created an opportunity to talk quietly.

Rule of thumb is that if you’re yelling and threatening – no one is listening. Plan for you day more thoroughly the night before. If that doesn’t change things then put the alarm clock on ½ hour earlier and start calmly.

Anne Prime

We have been able to source 2 activities for students to participate in as part of the Sporting Schools program for term 4.

Students are able to participate in either AFL on Tuesdays or Hockey on Thursdays. Both sessions will run after school on these days from 3.30pm to 4.30pm. Participants are capped at 20 per session.

**AFL will run on Tuesdays - 17/11, 24/11, 1/12 and 8/12 with coach Ben.**

**Hockey will run on Thursdays - 19/11, 26/11, 3/12 and 10/12 with coach Sam.**

Students will need to wear appropriate footwear and bring a healthy snack to eat before the sessions begin.

A reminder to parents that students must be signed out from the undercover area at the end of each session. Please advise the school if someone other that a parents or guardian will be collecting your child.

Participants are;


Today the Green and Red Homegroups made Asian Omelettes from the eggs collected from our chickens!

**Green Homegroup:**
- ‘It is the best omelette’
- ‘It tasted like pancakes and soy sauce’
- ‘It was so yummy, you will go back for seconds!’

**Red Homegroup:**
- ‘I liked the egg and fish sauce omelette’
- ‘Lots of Foundation students liked the whole thing’
- ‘We had used egg, broccoli, celery, fish sauce, we added soy sauce’
- ‘I liked cooking it’
- ‘I cracked the eggs’
- ‘We cut the broccoli’
- ‘I cut the chives with scissors’
- ‘We ate the whole thing’

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**ASIAN OMELETTE**

**Ingredients:**
- 6 Eggs
- 1 tsp Soy Sauce
- 2 tsp Fish Sauce
- 2 tbsp. Oil
- 1 cup Chopped Greens - we put in Broccoli, Chives, Spring Onions, Garlic, Parsley and Celery.

**Method:**
- Cut vegies very and place small in a bowl
- Whisk eggs, soy sauce and fish sauce together
- Put oil in a hot frying pan
- Pour egg mix in and cook for 3-4 minutes
- Put greens on one half then flip the other half over

*Delicious!*

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**COMMUNITY ANNOUNCEMENTS**

**It’s a Boy!!**

Find the real meaning of Christmas

**Where:** 3 & 10 December 4.00 – 5.30pm

**What:** Games; Craft; Stalls; Songs

**Cost:** $2.00/session/child

Come and enjoy hearing the real meaning of Christmas in a fun setting.

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**Warungu Uniting Church — Christmas Club Registration Form**

Child's Name: ___________________________ Age: ______
Child's Name: ___________________________ Age: ______
Address: __________________________________________
ContacPerson: ___________________________ Phone: ___________
Languages spoken/needs: ___________________________
Parent/Guardian signature: ___________________________ Date: ___________

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**Can Saver Plus assist you with school costs?**

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:
- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner), such as full-time, part-time, casual or seasonal work, and have a child at school or study yourself.

Contact Rick Pemberton, your local Saver Plus Worker:
(03) 5120 2582 / 0407 567 312
or rpemberton@berrystreet.org.au

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**Saver Plus is developed by ANZ and the Brotherhood of St Laurence and is delivered across both organisations’ websites.**

The program is funded by ANZ and the Australian Government.
Dear Parents,

Year 6 leaders at Nilma have organized for our annual ‘Tough Mudder’ and Walk to be held on Friday 20th November. By sponsoring your child either per lap or overall, you will be helping us raise money for our new Sports Equipment. Students will be placed into groups according to their year levels and given allocated time to complete the course as many times and as fast or slow as they like!

Students have already brought home a Tough Mudder Sponsorship Form, you can ask your family and friends to sponsor you. Forms are to be brought back on Thursday 19th November so lap tallies can be added to the forms to be sent home again on Monday 23rd. Money raised is then due back on Wednesday 2nd December.

Parents are welcome to come along and join in the fun on the day and have a go at being a ‘Tough Mudder’ or just come along to watch and support the students.

Organisation on the day (approx. times)
1.10pm – Years 3, 2, 1 and F start (20 minutes)
1.40pm – Years 6, 5, 4 and Parents/Teachers start (40 minutes)

Participants will need to bring a change of old clothes (including underwear!), a pair of old closed toe shoes (no thongs or sandals) and a towel or 2!

Some of the obstacles in the Tough Mudder course will include: a Slime station, Commando Mud Crawl, Waterslide, Hay bale Climb, Tyre Roll and Army Crawl. Activities will be adjusted to suit each year level.

To set up the course we will need lots of help and support! Year 6 leaders are after:

- a Blow Up Pool
- Tyres of all sizes (must be safe to roll and jump over)
- Hoses
- Buckets
- Square Hay Bales
- Foam Mats

We would also like some parents to volunteer to help at each station, you might get wet or muddy but it will be great fun!

Thanks

Year 6 Leaders; Sine, Shelby, Lachlan, Angus and Meg.

______________________________
Parent Helpers/Participants - Tough Mudder

Name of Parent:

I can help at the Tough Mudder on Friday 20th November from 1.00pm—3.00pm.

I would  would not  like to participate in the Tough Mudder. (Please circle)

Signed by Parent: ______________________ Date: ______________________
# NILMA PRIMARY SCHOOL CALENDAR

## NOVEMBER 2015

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<td>16</td>
<td>17</td>
<td>Sporting Schools - AFL School Council Meeting</td>
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<td>Sporting Schools - Hockey</td>
<td>Tough Mudder</td>
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<td>23</td>
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<td>Sporting Schools - AFL Woorabinda Camp</td>
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<td>Yellow Homegroup visit to Good Shepherd PS Woorabinda Camp</td>
<td>2016 Foundation Orientation 9.00am-11.00am Woorabinda Camp</td>
<td>Year 2 Sleepover MARC Van Sporting Schools - Hockey Woorabinda Camp</td>
<td>Summit Camp - Yr 6 School Banking Woorabinda Camp</td>
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<td>2016 Foundation Orientation Year F—2 Bike Ed</td>
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## DECEMBER 2015

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<td>1</td>
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<td>Sporting Schools - AFL Year F—2 Bike Ed</td>
<td>School Council Meeting 6.00pm Year F—2 Bike Ed</td>
<td>Sporting Schools - Hockey Year F—2 Bike Ed</td>
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<td>8</td>
<td>Statewide Orientation Day Sporting Schools - AFL Year 3-6 Bike Ed</td>
<td>Yr 6 Excursion “Tradies for a Day” Year 3-6 Bike Ed</td>
<td>School Banking Year F—2 Bike Ed</td>
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<td>12</td>
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<td>14</td>
<td>15</td>
<td>End of Year BBQ Reports / Portfolios home</td>
<td>Year 6 Dinner</td>
<td>17 Last Day Term Early finish 1.15pm</td>
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### BIKE EDUCATION

Years 2, 1 and F - Monday 30th November to Friday 4th December

Years 4 and 3 - Monday 7th December to Friday 11th December

Students are to bring their bikes and helmets to school on the Monday of the week that they are participating in.