

# NILMA PRIMARY SCHOOL

## Foundation Year Transition Booklet

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NILMA



Dear Parents

Starting school is a major life transition for you and your child. It's a time of change that can be both challenging and rewarding.

There are some practical ways that you can help your child make the transition to school. You can:

- ⇒ Participate in the transition program the school organises for you and your child
- ⇒ Visit the school with your child so they are familiar with the grounds, including where the drink taps are, where the toilets are located and where their classroom is within the school building.
- ⇒ Catch up with other parents and their children who will be attending the same school as your child so they can get to know other children in their class before they start school.
- ⇒ Let your child practice dressing for school, using their lunch box, drink bottle and packing their school bag in readiness for their first day at school.
- ⇒ Adopt a low key approach to the big day by having casual conversations with your child about this next step in life and sharing positive memories of your own school experience with your child.
- ⇒ Take an interest in school activities and talk about the work your child brings home (i.e. readers, sight words, spelling and other educational activities.)



- ⇒ Read to your child regularly and develop a love of books.
- ⇒ Read signs, labels, notes etc. and give lots of praise.
- ⇒ Encourage your child to recognise his or her own name.
- ⇒ In choosing a school bag, select one that your child can zip up and carry comfortably. Make sure it is a large size to fit everything in.
- ⇒ Buy shoes that use Velcro unless your child can tie their own shoelaces.
- ⇒ Show your child how to use a tissue or handkerchief properly.
- ⇒ Show them how to pack and unpack their belongings.
- ⇒ It is important to take to and collect your child from the designated drop off/collection area (undercover area). Explain where he/she will be met at the end of the school day.



## ATTENDANCE

Regular attendance is important as it helps school progress, social adjustment and the development of dependability. However, home is the place for a sick child. A sick child cannot work well and may pass his/her illness onto other children and staff. Please contact the school or provide a note of explanation if your child has been absent.

## IMMUNISATION

When enrolling a child into primary school, parents must provide the child's school entry immunisation certificate at the school office. This is a legal requirement on enrolment to primary schools in Victoria. This program assists health authorities in the event of a vaccine preventable disease occurrence in schools. An unvaccinated child may be excluded from school for a period of time. School Entry Immunisation certificates can be obtained from: The Australian Childhood Immunisation Register (ACIR) on 1800 653 809, Medicare Australia, Baw Baw Shire or from your family doctor.

## ORIENTATION DAYS

In term 4 we invite all enrolled foundation year students to take part in our orientation program, to become familiar with the school. The four sessions, will be held over 4 weeks in November and December. Children are to attend all sessions if possible. The days and times will vary to allow access to all visiting specialist teachers.

### 2021 Transition Days; (for 2022 Foundation Students)

- ◆ Monday 15th November \* 9am - 11am
- ◆ Thursday 25th November \* 9am - 11.30am
- ◆ Wednesday 1st December \* 9am - 1pm
- ◆ Tuesday 7th December \* 9am - 3.15pm

## HOME / SCHOOL COMMUNICATION

Throughout the year we encourage frequent communication between parents and teachers. Every 3 weeks a school newsletter is sent home to all families. Newsletters have notes from the home group to keep parents informed of home group news. Assemblies on Friday afternoons each fortnight provide a forum for celebrating learning and parents are welcome to attend.

Two detailed student reports are sent home each year and we invite parents to attend discussions throughout the year. The school provides a communication satchel and diary that goes back and forth to home each day. For foundation parents, this helps you to help your child settle into the new school routines.

Home group routines are established at the beginning of the year and communicated to parents.

## BEGINNING SCHOOL

During term one, for the first four weeks, Foundation year students come to school four days a week only (Monday, Tuesday, Thursday and Friday). Wednesday is a rest day for Foundation students as they adjust to the demands of full time school. Dates are advertised in the school newsletter.

## NILMA PRIMARY SCHOOL THE FIRST DAY

School will commence for students at the end of January 2022. Families will be advised of the date in term 4 2021.

School hours are from 9am to 3.15pm, with recess from 11am to 11.30am and then lunch from 1.00pm to 1.45pm.

Please clearly name everything with your child's full name including EVERY item of school clothing.

What to bring on the **first day**:

- ◆ Lunch Box
- ◆ Drink Bottle
- ◆ School Bag
- ◆ Spare change of clothes
- ◆ School Hat (supplied by school)
- ◆ Satchel/Diary (supplied by school)

## HEALTHY EATING

Parents and carers play an important role in ensuring children eat well and stay active. Choose a lunch box that your child can easily open and close by themselves and that is not too big and bulky. Explain what food is eaten at snack (recess) time and what is for lunch and pack these separately. At home practice opening a cut lunch, handling wrappers and putting rubbish in the bin. Lunch is eaten in the classroom under supervision.

For school lunch box ideas visit [www.goforyourlife.vic.gov.au](http://www.goforyourlife.vic.gov.au)

Water bottles may be kept in children's classrooms at school but must only contain water.

## LEARNING COMMUNITY

Nilma staff, in partnership with home and community, strive to develop students' educational, social and emotional competencies to the highest possible level, preparing lifelong learners who are confident, collaborative, caring, creative and critical thinkers in an ever-changing world.

## PARENTAL INVOLVEMENT

Parents are very welcome at our school and we invite all parents to take an active part in the school because you are a vital part of it. This is your school too and your input will help to make the school even better.

We are proud of the assistance we have gained from parents and the general community over the years. Parents assist the school in so many ways such as - educational programs, excursions, community club programs, serving on committees, working bees, hot lunch days, provision of materials/resources as well as through the Fundraising Club and School Council.

Please see your child's teacher if you would like to volunteer your help at any time. All volunteers will need a 'Working with Children Check'. This can be obtained online for free.

## GENERAL HEALTH CHECK

If you have any concerns about your child's sight, hearing or speech - please take the time to visit your local GP or optometrist before your child commences school.

### SCHOOL NURSE PROGRAM

The school nurse will visit in term 1 2022 - more information will be sent home early in term 1.



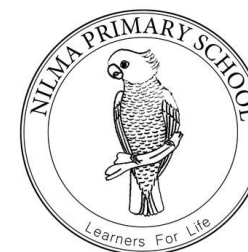
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## TRANSITION INFORMATION

**2021-22 Foundation**

**Transition  
Program**



**NILMA**